



Activity Announcement

Caring for the Pharmacy Workforce: Wellness Strategies for the Pharmacy Student (NO CE)

Release Date: September 10, 2020

Expiration Date: September 10, 2023

Activity Type: Knowledge-based

CE Credits: No CE offered with this activity

Activity Fee: Members – Free / Non-Member – Not Available

Target Audience

This activity was planned to meet the educational needs of pharmacy students.

Activity Overview

ASHP has been committed to supporting the well-being and resilience of the pharmacy workforce for decades. We have been even more focused on supporting members the last few years given recent evidence and impact of burnout on patient safety and the healthcare workforce. During COVID-19, demands and stress on the pharmacy workforce have increased to an even greater extent. ASHP is planning several webinars that will give listeners tools and resources to cope during this time.

It is hard enough being a student pharmacist and feeling overwhelmed and isolated. As you are learning a new profession, the external environment has also changed the way in which we work, learn, and live. It is imperative that we are mindful of how we connect to others and continue to care for ourselves. Conversation will highlight tools needed for student and trainee resilience during challenging times.

Learning Objectives

- Recognizing the impact of the current health crises on the mental health and resilience of student pharmacists and trainees
- Identifying actionable steps to address the psychological impacts of these events and improve resilience for individual student pharmacists and their families
- Identifying individual qualities that matter during a time of crisis

Schedule of Educational Activities

- Introduction and Announcements
- Presentation
- Questions, Answers, and Discussion

Faculty Information

- **LCDR Tarah Lewis, DNP, BSN**, Assistant Professor, Psychiatric/Mental Health Nurse Practitioner Program, Uniformed Services University (USU), Bethesda, MD
- **LTC Regina Owen, DNP, PMHNP-BC**, Assistant Professor, Psychiatric/Mental Health Nurse Practitioner Program, Uniformed Services University (USU), Bethesda, MD
- **LTC JoEllen Schimmels, DNP, RN, PMHNP-BC, CNE, FAAN**, Assistant Professor, Psychiatric/Mental Health, Nurse Practitioner Program, Uniformed Services University (USU), Bethesda, MD



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Faculty Disclosures

In accordance with the ACPE's and ACCME's Standards for Commercial Support, anyone in a position to control the content of an educational activity is required to disclose to the accredited provider their relevant financial relationships. In accordance with these Standards, all potential conflicts of interest have been resolved. *An individual has a **relevant financial relationship** if he or she (or spouse/domestic partner) has a financial relationship in any amount occurring in the last 12 months with a commercial interest whose products or services are discussed in the activity content over which the individual has control.*

As defined by ACCME, a **commercial interest** is any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. The Standards for Commercial Support do not consider providers of clinical service directly to patients to be commercial interests. The existence or non-existence of relevant financial relationships will be disclosed to the activity audience. All identified conflicts of interest must be resolved prior to the activity.

- **All planners, presenters, reviewers, and ASHP staff report no financial relationships relevant to this activity.**

Methods and CE Requirements

This activity consists of a recordings of faculty slides presentations, active learning activities, discussion, and handouts. Participants must participate in the activity in its entirety to claim continuing pharmacy education credit online at ASHP eLearning Portal. Follow the prompts online to complete the evaluation, claim credit and view the statement of credit immediately after completing the activity.

Per ACPE requirements, CPE credit must be claimed within 60 days of being earned. Claim your CE at <http://elearning.ashp.org>. Once you have processed and claimed your CE credit, we encourage you to check your NABP eProfile account to verify your credits were transferred successfully before the ACPE 60-day deadline. It is an electronic direct-report process so your credits should appear in your account within a few minutes. After the 60 day deadline, ASHP will no longer be able to report your credit(s) for this activity.

System Technical Requirements

Courses and learning activities are delivered via your Web browser and Acrobat PDF. Users should have a basic comfort level using a computer and navigating web sites.

View the [minimum technical and system requirements](#) for learning activities.