Activity Announcement

Healing Our Healers: When Mental Health Interferes with Performance
Planned in cooperation with the ASHP New Practitioners Forum

ACPE Activity Number: 0204-0000-18-295-L04-P and 0204-0000-18-295-H04-T
Release Date: December 4, 2018
Expiration Date: December 4, 2021
CE Credits: 1.0 hour, no partial credit
Activity Type: Application-based
Activity Fee: Members – Free / Non-Member – Not Available

Accreditation for Pharmacists and Pharmacy Technicians

The American Society of Health-System Pharmacists is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

This activity is from a recording from a 2018 Midyear session and those that claim credit for the session should not claim credit for this activity.

Target Audience

The target audience is this is focused on precepting within pharmacy residency training programs.
Could be relevant to other providers who precept and likely have similar issues.

Activity Overview

Mental health issues will be more prevalent than within millennials. This session will prepare participants to understand what this generation may mean for their workplaces, provide motivation to take steps to address resident wellness, and train skills for addressing mental health concerns. Rates of burnout within pharmacy continue to rise which will make this challenging situation even more confounding for health systems. Within the application portion, we will utilize de-identified real cases of resident mental illness and burnout that the speakers have navigated at their institution. The audience will be asked to then work through these cases in a think-pair-share activity.

Learning Objectives:
- Describe the impact that mental illness in healthcare staff has on patient care.
- Distinguish burnout from depression.
- Outline a plan for a staff wellness program

Faculty Information
- **David Hager, Pharm.D., BCPS,** Director, Clinical Pharmacy Services, UW Health, Madison, WI
- **Erin K. McCreary, Pharm.D., BCPS,** Antimicrobial Stewardship/Infectious Diseases Clinical Pharmacist, University of Pittsburgh Medical Center, Pittsburgh, PA

Methods and CE Requirements

This activity consists of faculty slides presentation recordings, active learning activities, discussion, and handouts. Participants must participate in its entirety to claim continuing pharmacy education credit online at ASHP eLearning Portal. Follow the prompts online to complete the evaluation, claim credit and view the statement of credit immediately.

Activity Announcement

Per ACPE requirements, CPE credit must be claimed within 60 days of being earned. Claim your CE at http://elearning.ashp.org. Once you have processed and claimed your CE credit, we encourage you to check your NABP eProfile account to verify your credits were transferred successfully before the ACPE 60-day deadline. It is an electronic direct-report process so your credits should appear in your account within a few minutes. After the 60 day deadline, ASHP will no longer be able to report your credit(s) for this activity.

Faculty Disclosures

In accordance with the ACPE's and ACCME's Standards for Commercial Support, anyone in a position to control the content of an educational activity is required to disclose to the accredited provider their relevant financial relationships. In accordance with these Standards, all potential conflicts of interest have been resolved. *An individual has a **relevant financial relationship** if he or she (or spouse/domestic partner) has a financial relationship in any amount occurring in the last 12 months with a commercial interest whose products or services are discussed in the activity content over which the individual has control.*

As defined by ACCME, a **commercial interest** is any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. The Standards for Commercial Support do not consider providers of clinical service directly to patients to be commercial interests. The existence or non-existence of relevant financial relationships will be disclosed to the activity audience. All identified conflicts of interest must be resolved prior to the activity.

- **All planners, presenters, reviewers, and ASHP staff report no financial relationships relevant to this activity.**

System Technical Requirements

Courses and learning activities are delivered via your Web browser and Acrobat PDF. Users should have a basic comfort level using a computer and navigating web sites.

View the minimum technical and system requirements for learning activities.