

## Activity Announcement

### **BURN: Build Your Resilience Now — Strategies and Tactics to Prevent Burnout**

*Planned in cooperation with the ASHP Section of Inpatient Care Practitioners*

---

**ACPE Activity Number:** 0204-0000-18-246-H04-P and 0204-0000-18-246-H04-T

**Release Date:** December 3, 2018

**Expiration Date:** December 3, 2021

**CE Credit:** 1.25 Hours, no partial credit

**Activity Type:** Application-based

**Activity Fee:** Members – Free / Non-Member – Not Available

### **Accreditation for Pharmacists and Pharmacy Technicians**

---



The American Society of Health-System Pharmacists is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

*This activity is from a recording from a 2018 Midyear session and those that claim credit for the session should not claim credit for this activity.*

### **Target Audience**

---

While ASHP Policy and tactics will be presented, clinician burnout and resilience will be applicable to all professions. This is an interdisciplinary session as data that is available is limited to other professions besides pharmacy.

### **Activity Overview**

---

Three real-life examples of burnout recognition strategies and prevention as applied to a learner, resident and practitioner will be discussed. The first case scenario will be a student based example and will highlight tools for assessment and recognition of burnout. The second case will be a practitioner based example showing how to address an individual situation and impact on a department and patient safety. The third case will be a resident example and will highlight how to implement prevention strategies and create culture changes. The session will be highly interactive breaking the audience into groups at roundtables. There will be discussion time in group after each scenario for group to discuss other strategies and ways to implement.

### **Learning Objectives**

---

- Describe current trends related to clinician burnout and the effect burnout has on patient care.
- Given a scenario, evaluate potential strategies to combat burnout.
- Develop a plan of action to apply resilience strategies to one's own work environment.
- Recommend ongoing resources and forums to provide feedback to ASHP and other stakeholders on the effects of clinician burnout and success stories of resilience.

### **Faculty Information**

---

- **Nicole J. Clark, Pharm.D., M.H.A., BCPS, FMSHP**, Pharmacy Clinical Practice and Education Manager, Melrose Wakefield Healthcare, Melrose, MA
- **Heather Jones, Pharm.D., M.S.**, Pharmacy Manager, Oncology Services, University of Wisconsin Health, Middleton, WI
- **Rebecca A. Taylor, Pharm.D., M.B.A., BCPS**, Director of Pharmacy, Cleveland Clinic Fairview and Lutheran Hospitals, Cleveland, OH



## Activity Announcement

### Methods and CE Requirements

---

This activity consists of faculty slides presentation recordings, active learning activities, discussion, and handouts. Participants must participate in its entirety to claim continuing pharmacy education credit online at ASHP eLearning Portal. Follow the prompts online to complete the evaluation, claim credit and view the statement of credit immediately.

Per ACPE requirements, CPE credit must be claimed within 60 days of being earned. Claim your CE at <http://elearning.ashp.org>. Once you have processed and claimed your CE credit, we encourage you to check your NABP eProfile account to verify your credits were transferred successfully before the ACPE 60-day deadline. It is an electronic direct-report process so your credits should appear in your account within a few minutes. After the 60 day deadline, ASHP will no longer be able to report your credit(s) for this activity.

### Faculty Disclosures

---

In accordance with the ACPE's and ACCME's Standards for Commercial Support, anyone in a position to control the content of an educational activity is required to disclose to the accredited provider their relevant financial relationships. In accordance with these Standards, all potential conflicts of interest have been resolved. *An individual has a **relevant financial relationship** if he or she (or spouse/domestic partner) has a financial relationship in any amount occurring in the last 12 months with a commercial interest whose products or services are discussed in the activity content over which the individual has control.*

As defined by ACCME, a **commercial interest** is any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. The Standards for Commercial Support do not consider providers of clinical service directly to patients to be commercial interests. The existence or non-existence of relevant financial relationships will be disclosed to the activity audience. All identified conflicts of interest must be resolved prior to the activity.

- **All planners, presenters, reviewers, and ASHP staff report no financial relationships relevant to this activity.**

### System Technical Requirements

---

Courses and learning activities are delivered via your Web browser and Acrobat PDF. Users should have a basic comfort level using a computer and navigating web sites.

View the [minimum technical and system requirements](#) for learning activities.