

Activity Announcement

Putting Out the Fire: Beating Burnout in Pharmacy and Healthcare

Planned in cooperation with the ASHP New Practitioners Forum

ACPE Activity Number: 0204-0000-18-209-H04-P and 0204-0000-18-209-H04-T

Release Date: December 2, 2018

Expiration Date: December 2, 2021

CE Credit: 1.5 Hours, no partial credit

Activity Type: Application-based

Activity Fee: Members – Free / Non-Member – Not Available

Accreditation for Pharmacists



The American Society of Health-System Pharmacists is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

This activity is from a recording from a 2018 Midyear session and those that claim credit for the session should not claim credit for this activity.

Target Audience

Healthcare provider well-being represents a topic garnering national attention, particularly with concerns for patient safety, quality of care, and influence on provider mental health. Although this session will introduce burnout and factors influencing burnout in pharmacy, this session will explore lessons learned for burnout from the medical profession. All professionals - regardless of specialty - could benefit from activity participation.

Activity Overview

The intent of this educational session is to introduce clinicians to the concept of professional burnout, to arm them with strategies and best-practices they can take back to their respective workplaces to mitigate burnout risks and ensure a more harmonious and gratifying professional Experience. Throughout this activity, presenters will explore the characteristics of burnout syndrome and workplace practices that can contribute to burnout risk. Presenters will look to the pharmacy, nursing, and medical professions for examples and quantification of the impact of burnout on professional practice, as well as explore lessons learned, particularly from the field of medicine, for how pharmacists can protect themselves, colleagues, employees, and trainees they may be responsible for while ensuring and promoting workplace resilience.

Learning Objectives:

- Identify symptoms of professional burnout, including the influence of burnout on professional practice and patient safety.
- Evaluate workplace practices and challenges contributing to or mitigating burnout symptoms.
- Given a scenario, select real-world best practices that can foster professional resilience, improve workplace morale, and optimize productivity.

Faculty Information

- **Patrick Bridgeman, Pharm.D.**, Clinical Assistant Professor, Ernest Mario School of Pharmacy, Piscataway, NJ
- **Mary Bridgeman, Pharm.D., BCGP, BCPS**, Clinical Associate Professor, Ernest Mario School of Pharmacy, Rutgers, The State University of New Jersey, Hillsborough, NJ
- **Marianne Pop, Pharm.D., BCPS**, Clinical Assistant Professor/EM Clinical Pharmacist, University of Illinois College of Pharmacy, Rockford, IL



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- **Byron Scott, M.D., M.B.A.**, Deputy Chief Health Officer, Simpler Consulting, IBM Watson Health, San Diego, CA

Methods and CE Requirements

This activity consists of faculty slides presentation recordings, active learning activities, discussion, and handouts. Participants must participate in its entirety to claim continuing pharmacy education credit online at ASHP eLearning Portal. Follow the prompts online to complete the evaluation, claim credit and view the statement of credit immediately.

Per ACPE requirements, CPE credit must be claimed within 60 days of being earned. Claim your CE at <http://elearning.ashp.org>. Once you have processed and claimed your CE credit, we encourage you to check your NABP eProfile account to verify your credits were transferred successfully before the ACPE 60-day deadline. It is an electronic direct-report process so your credits should appear in your account within a few minutes. After the 60 day deadline, ASHP will no longer be able to report your credit(s) for this activity.

Faculty Disclosures

In accordance with the ACPE's and ACCME's Standards for Commercial Support, anyone in a position to control the content of an educational activity is required to disclose to the accredited provider their relevant financial relationships. In accordance with these Standards, all potential conflicts of interest have been resolved. *An individual has a **relevant financial relationship** if he or she (or spouse/domestic partner) has a financial relationship in any amount occurring in the last 12 months with a commercial interest whose products or services are discussed in the activity content over which the individual has control.*

As defined by ACCME, a **commercial interest** is any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. The Standards for Commercial Support do not consider providers of clinical service directly to patients to be commercial interests. The existence or non-existence of relevant financial relationships will be disclosed to the activity audience. All identified conflicts of interest must be resolved prior to the activity.

- **All planners, presenters, reviewers, and ASHP staff report no financial relationships relevant to this activity.**

System Technical Requirements

Courses and learning activities are delivered via your Web browser and Acrobat PDF. Users should have a basic comfort level using a computer and navigating web sites.

View the [minimum technical and system requirements](#) for learning activities.