

Activity Announcement

Tame the Flames of Burnout: Tools for Building Resilience in your Workforce

Planned in cooperation with the ASHP Section of Pharmacy Practice Managers

ACPE Activity Number: 0204-0000-18-003-H04-P

Activity Date: March 29, 2018

Expiration Date: March 29, 2021

Activity Type: Knowledge-based

CE Credits: 1.0 hour, no partial credit

Activity Fee: Members – Free / Non-Member – Not Available

Accreditation for Pharmacists



The American Society of Health-System Pharmacists is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

This activity is a recording from a live webinar and those that claim credit for the live webinar should not claim credit for this activity.

Target Audience

This continuing pharmacy education activity is designed for Pharmacy Directors and Residency Program Directors seeking to address resilience and burnout in their workforce.

Activity Overview

Workforce burnout and resilience has become a central theme of organizations across industries. Healthcare is faced with unique factors that increase the threat and concern of burnout: decreased productivity, risk for medical errors, job disengagement and mental health are only a few of the associated costs of a workforce that lacks resilience. Leaders at all levels need to be equipped with tools to recognize and address burnout as well as steps they can take to try and prevent it. This activity will focus on recognizing the signs and symptoms of burnout and discussing why this issue needs to be addressed. It will address the importance of building a culture that allows for communication and ensures the health and resilience of our workforce. Speakers will provide practical tools on how to creatively engage the diverse pharmacy workforce and how to improve resilience and culture from the ground up.

Learning Objectives

- Define signs and symptoms of burnout.
- Describe the costs associated with burnout.
- Discuss strategies to build a culture to prevent burnout.
- Identify a stress index tool for case scenarios.
- Classify work styles and associated mechanisms for motivating employees.

Schedule of Educational Activities

- Discuss burnout and its effect on patient care.
- Provide strategies for burnout management and prevention.

Faculty Information

- **Jessica Hill, Pharm.D., BCPS, BCACP**, Assistant Director of Clinical Services/PGY1 Residency Program Director, Community Medical Center, Toms River, N.J.



Activity Announcement

- **Sheetal Patel, Pharm.D., BCPS**, Director of Pharmacy, RWJ University Hospital Rahway, Rahway, N.J.
- **Jennifer Sternbach, Pharm.D., BCPS, BCACP**, Corporate Clinical Coordinator, RWJ Barnabas Health, West Orange, N.J.

Faculty Disclosures

In accordance with the ACPE's and ACCME's Standards for Commercial Support, anyone in a position to control the content of an educational activity is required to disclose to the accredited provider their relevant financial relationships. In accordance with these Standards, all potential conflicts of interest have been resolved. *An individual has a **relevant financial relationship** if he or she (or spouse/domestic partner) has a financial relationship in any amount occurring in the last 12 months with a commercial interest whose products or services are discussed in the activity content over which the individual has control.*

As defined by ACCME, a **commercial interest** is any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. The Standards for Commercial Support do not consider providers of clinical service directly to patients to be commercial interests. The existence or non-existence of relevant financial relationships will be disclosed to the activity audience. All identified conflicts of interest must be resolved prior to the activity.

- **All planners, presenters, reviewers and ASHP staff report no financial relationships relevant to this activity.**

Methods and CE Requirements

This activity consists of a recordings of faculty slides presentations, active learning activities, discussion, and handouts. Participants must participate in the activity in its entirety to claim continuing pharmacy education credit online at ASHP eLearning Portal. Follow the prompts online to complete the evaluation, claim credit and view the statement of credit immediately after completing the activity.

Per ACPE requirements, CPE credit must be claimed within 60 days of being earned. Claim your CE at <http://elearning.ashp.org>. Once you have processed and claimed your CE credit, we encourage you to check your NABP eProfile account to verify your credits were transferred successfully before the ACPE 60-day deadline. It is an electronic direct-report process so your credits should appear in your account within a few minutes. After the 60 day deadline, ASHP will no longer be able to report your credit(s) for this activity.

System Technical Requirements

Courses and learning activities are delivered via your Web browser and Acrobat PDF. Users should have a basic comfort level using a computer and navigating web sites.

View the [minimum technical and system requirements](#) for learning activities.