Empowering the Healer: Results of the National Academy of Medicine (NAM) Consensus Study (NO CE)

**Release Date:** December 8, 2019  
**Expiration Date:** December 8, 2022  
**Activity Type:** Knowledge-based  
**CE Credits:** No CE offered with this activity  
**Activity Fee:** Members – Free / Non-Member – Not Available

**Target Audience**
Collaboration within the multidisciplinary team is essential to identifying and treating clinician burnout. As such, the results of the NAM consensus study will apply to all clinicians, and it is important to understand the unique and impactful role that each profession shares in promoting clinician well-being.

**Activity Overview**
Systems Approaches to Improve Patient Care by Supporting Clinician Well-Being is a consensus study led by the National Academy of Medicine that aims to be published in November 2019 and is the focus of this proposal. The consensus study is currently examining components of clinical training and work environment that can contribute to clinician burnout in a variety of care settings, as well as potential systems interventions to mitigate those outcomes. Further, the study will identify promising tools and approaches to support clinician well-being, identify gaps in the evidence base, and propose a research agenda to address areas of uncertainty. The identified causes, proposed interventions, and other outcomes of the study aim to support clinicians such as pharmacists, physicians, and nurses. This session will focus on the results of the NAM consensus study that will include recommendations for system changes to streamline processes and manage complexity, minimize the burden of documentation requirements, and enhance workflow and teamwork to support the well-being of all clinicians and trainees on the care team.

**Learning Objectives**
- Explain the purpose of the National Academy of Medicine (NAM) Consensus Study: Systems Approaches to Improve Patient Care by Supporting Clinician Well-Being.  
- Describe the results of the NAM consensus study.  
- List barriers to implementation of processes to improve clinician well-being.  
- Identify strategies for pharmacy leaders to improve clinician well-being.

**Schedule of Educational Activities**
- Introduction and Announcements  
- Presentation  
- Questions

**Faculty Information**
- **Laura Aiuppa, M.S.**, Senior Program Officer, National Academies of Sciences, Engineering, and Medicine, Washington, DC  
- **M. Lynn Crismon, Pharm.D., BCPP, DABCP, FCCP**, Dean, James T. Doluisio Regents Chair & Behrens Centennial Professor of Pharmacy, College of Pharmacy, The University of Texas at Austin, Austin, TX
Activity Announcement

Faculty Disclosures

In accordance with the ACPE’s and ACCME’s Standards for Commercial Support, anyone in a position to control the content of an educational activity is required to disclose to the accredited provider their relevant financial relationships. In accordance with these Standards, all potential conflicts of interest have been resolved. An individual has a relevant financial relationship if he or she (or spouse/domestic partner) has a financial relationship in any amount occurring in the last 12 months with a commercial interest whose products or services are discussed in the activity content over which the individual has control.

As defined by ACCME, a commercial interest is any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. The Standards for Commercial Support do not consider providers of clinical service directly to patients to be commercial interests. The existence or non-existence of relevant financial relationships will be disclosed to the activity audience. All identified conflicts of interest must be resolved prior to the activity.

- All planners, presenters, reviewers, and ASHP staff report no financial relationships relevant to this activity.

Methods and CE Requirements

This activity consists of a recordings of faculty slides presentations, active learning activities, discussion, and handouts. Participants must participate in the activity in its entirety to claim continuing pharmacy education credit online at ASHP eLearning Portal. Follow the prompts online to complete the evaluation, claim credit and view the statement of credit immediately after completing the activity.

Per ACPE requirements, CPE credit must be claimed within 60 days of being earned. Claim your CE at http://elearning.ashp.org. Once you have processed and claimed your CE credit, we encourage you to check your NABP eProfile account to verify your credits were transferred successfully before the ACPE 60-day deadline. It is an electronic direct-report process so your credits should appear in your account within a few minutes. After the 60 day deadline, ASHP will no longer be able to report your credit(s) for this activity.

System Technical Requirements

Courses and learning activities are delivered via your Web browser and Acrobat PDF. Users should have a basic comfort level using a computer and navigating web sites.

View the minimum technical and system requirements for learning activities.